

## THE 23<sup>RD</sup> SCIENTIFIC EXPERT MEETING OF PAEDIATRICIANS FROM THE NORTH-EASTERN REGION OF BOSNIA AND HERZEGOVINA: PAEDIATRICS IN FAMILY MEDICINE II

The 23<sup>rd</sup> Scientific Meeting of Paediatricians from the North-Eastern Region of Bosnia and Herzegovina (BH) was held in Tuzla, on 26<sup>th</sup> March, 2016. It took place in the Congress Hall of Hotel Tuzla, and gathered the opinion leaders and clinicians from different paediatric fields to interact and exchange important innovations and their experiences.

It was a very successful Meeting, attended by more than 100 healthcare professionals (paediatricians, surgeons, radiologists...). The professional value of the lectures was very high and the interactive discussion between speakers and the audience very interesting. It was also a perfectly organized Meeting, under the supervision of the board of Paediatrics Today, the scientific journal of University Clinical Centre Tuzla, Tuzla (UCCT) BH, and the Department of Paediatrics of UCCT.

The programme started with a word of welcome given by hosts of the Meeting, Academic Husref Tahirović, emeritus professor of paediatrics and editor-in-chief of the journal Paediatrics Today, and Dr. Edin Husarić PhD, the Head of Department of Paediatrics of UCCT. After that, Professor Andrea Cvitković Roić, paediatric nephrologist from the Helena Centre for Paediatric Medicine, Zagreb, Croatia, introduced the Journal Paediatrics Today, current volume 12, issue 1, which was dedicated to updates in paediatric imaging.

The opening lecture, given by myself, provided an overview of the role of conventional ultrasound in chronic liver diseases in children. Afterwards, Prim. dr. Terzić, from the Paediatrics Department of UCCT, spoke about the diagnostic and therapeutic approach to echinococcus cysts in children's liver. The next lecture, given by Prof. Cvitković Roić presented new strategies and trends in imaging of urinary tract infections

in children. The current key aspects of diagnosing and therapy in urinary tract infection in childhood were presented by Dr. Atić, paediatric nephrologist from the Paediatrics Department of UCCT. The first session ended with questions from the audience, productive discussion and an exchange of insights from different centres. After a short break the Meeting continued with a very well conducted lecture about lung ultrasonography in paediatric practice, as a valuable diagnostic method for some pulmonary pathologies. The expert from the field, Prof. Lovrenski from the Institute for Child and Youth Health Care, Vojvodina, showed excellent examples from his practice and proved the reliability of this modality. At the end, we had the opportunity to hear about clinical approaches and current therapy for chest deformities in children. The lecture was given by Dr. Husarić, paediatric surgeon from the Paediatrics Department of UCCT. The second block of presentations also stimulated a discussion about the most common dilemmas, and an exchange of different views on previous issues.

In conclusion, the 23<sup>rd</sup> Scientific Meeting of Paediatricians from the North-Eastern Region of BH included dynamic expert presentations, interactive discussions, as well as shared innovative strategies for diagnostic and therapeutic approaches in targeted topics. The take home message was to use less invasive procedures, and to reduce ionizing radiation whenever possible in paediatric medicine, following the ALARA principle (As Low as Reasonably Achievable). By promoting interaction and expert exchange, the achieved goal of this Meeting was also to improve collaboration between paediatric centres.

Zagreb 6<sup>th</sup> June 2016.

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