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A Positional Pitfall in the Interpretation of Chest Radiogram in a Newborn

Jana Lozar Krivec¹, Damjana Ključevšek², Mojca Glušič²

¹Division of Paediatrics, Department of Neonatology, University Medical Centre Ljubljana, Slovenia, ²Division of Paediatrics, Department of Radiology, University Medical Centre Ljubljana, Slovenia

Correspondence: jana.lozar@guest.arnes.si Tel.: + 386 41 854 442 Fax.: + 386 1 522 4035

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Key Words: Sternal Ossification Centres • Round Nodules • Newborn • Chest X-Ray • Interpretation • Portable X-Ray Unit. A three-day-old term newborn was admitted to the neonatal unit due to tachypnoea and mild cyanosis. Physical examination revealed tachypnoea and mild chest retractions, the precordial pulsations were exaggerated, and the second heart sound was narrowly split and accentuated. Haematological and biochemical laboratory values were normal. Chest X-ray was performed with a portable X-ray unit and analysed by a resident. During the exposure the newborn was in an inappropriate position, the baby's chest was rotated on the radiogram and the left arm was projected over the lower left lung. The resident reported six round clearly demarcated nodules (arrows) of unknown aetiology projecting into the right lung (Fig. 1). The remaining chest structures were within normal limits. On the next day, echocardiogram revealed an elevated pulmonary resistance, a small atrial septal defect and patent ductus arteriosus, which explained the infant's condition. The chest X-ray was reviewed by

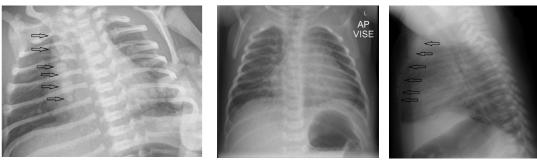


Fig. 1.

Fig. 2a.

Fig. 2b.

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a paediatric radiologist who concluded that the 'nodules' were sternal ossification centres. On the follow-up chest X-ray (Fig. 2a and 2b) of the baby in a fixed upright position (immobilisation by "baby-fix"), on the anteroposterior view the 'nodules' were no longer seen, while sternal ossification centres (arrows) were shown on the lateral view. Inappropriate chest X-ray position can make normal structures such as the sternal ossification centres visible, which were in this case misinterpreted as pathological structures by a resident. Therefore, for quality report of chest X-ray, education on positional and technical factors influencing the quality of X-ray images and their evaluation is necessary before commencing interpretation of different chest structures.

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