

The 30th Scientific- Expert Meeting of Paediatricians from the North-Eastern Region of Bosnia and Herzegovina: Current Problems in Paediatrics – October 2019

The 30th Scientific Expert Conference of Paediatricians from the North-Eastern Region of Bosnia and Herzegovina was organized on October 26th, 2019 at the Congress Hall of the Tuzla Hotel in the city of Tuzla. A welcome address was given by the host, Academician Husref Tahirović, Professor Emeritus of Paediatrics and Editor in Chief of the Central European Journal of Paediatrics, and Dr. Edin Husarić, PhD, the Head of the Department of Paediatrics of the University Clinical Centre, Tuzla, who emphasized the importance of collaboration between different fields within medical science, and also between primary, secondary and tertiary paediatric care. The audience of about 100 healthcare professionals was comprised of physicians from the whole of Bosnia and Herzegovina, mainly paediatricians, but also some family physicians and dentists. The meeting was very well organized, under the auspices of the Central European Journal of Paediatrics, the scientific journal of the University Clinical Centre Tuzla, and the Department of Paediatrics of the same Institution.

The first lecture was given by Professor Nina Marković from the School of Dental Medicine of the University of Sarajevo. The importance of early preventive dental examinations and the importance of maintaining oral hygiene were emphasized, as well as collaboration between paediatricians and paediatric dentists. The second lecture was given by myself where I provided an overview of oral changes in eating disorders. The aim of the lecture was to emphasize the importance of early recognition of oral changes by dentists and referral to treatment in good time, in order to achieve the best

therapeutic effect. In the next lecture, Dr. Elnur Tahirović, PhD from the Clinic for Cardiovascular Surgery of UCC Sarajevo, presented the symptoms of postural orthostatic tachycardia syndrome. Presenting the recordings of his patients, Dr. Tahirovic showed how the quality of life of patients is impaired. He stressed that the syndrome is poorly diagnosed and how much quality of life improves after therapy. Dr. Tatjana Bajić-Živić from Tiršova University Children's Hospital, Belgrade, pointed out problems in the cooperation between primary and tertiary paediatric care, and possible ways to minimize them. In the last lecture, Assistant Prof. Brankica Spasojević, PhD, from Tiršova University Children's Hospital, Belgrade, gave an extensive and detailed presentation of the empirical use of antibiotics, and the global problem with bacterial resistance to antibiotics. The meeting ended with questions from the audience, a productive discussion, and an exchange of insights from different centres.

All lectures were recorded and may be viewed and listened to at the following link: <https://cme.ba/course/pedprob/>. In conclusion, the 30th Scientific Meeting of Paediatricians from the North-Eastern Region of Bosnia and Herzegovina included dynamic expert presentations and interactive discussions, providing an opportunity to discuss key issues and to promote wide cooperation.

Zagreb, January 15, 2020.

Tatjana Lesar, MD
Clinic for Paediatric Medicine Helena
Zagreb, Croatia